# KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE ADMINISTRATIVE BOARD AND KING COUNTY MENTAL HEALTH ADVISORY BOARDS

#### JOINT BOARD MEETING

## THURSDAY, SEPTEMBER 13, 2001

<u>KCASAAB Members Present:</u> Joan Clement, Linda Brown (awaiting Council confirmation), Jim Harbaugh, Joyce Proudlock, Bob Seidensticker, Scott Strawn (awaiting Executive appointment)

KCASAAB Members Excused: Nancy Code, Yasmin Smith, Keith Williams

<u>KCMHAB Members Present</u>: Debbie Roszkowski (Nominee), Jeanette Barnes (Nominee), Ron Sterling, Howard Miller, Willair St.Vil

<u>KCMHAB Members Absent</u>: Jack Fuller, Ray Gattavara, Sean Hoffman, Alice Howell, Freda Monroe, Clifford Thurston

<u>Staff Attending:</u> Walt Adam, Cindy Berg, Mike Elsner, Tami Gregor, Sherry Hamilton, Amber Hebert, Jackie MacLean, Geoff Miller, Rhoda Naguit

<u>Guests Present:</u> Nikki Behner, Ron Blunk, Harborview; Gerry Coughlin, Alcohol-Drug Helpline; Victoria Evans, Therapeutic Health Services; Councilmember Maggi Fimia, King County Council; Harvey Funai, Lee Groff, Sonia Mathias, Ryther Child Center; Pat Knox, Recovery Centers of King County; Helen Nilon, Mental Health Action; Sarajane Siegfriedt, Association of Alcoholism and Addiction Programs; Al Sweeten, Seattle Indian Health Board

The joint meeting of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) and King County Mental Health Advisory Board (KCMHAB) was convened at the Conference Room of the Dutch Shisler Sobering Center, 1930 Boren Avenue in Seattle. KCASAAB Chair Jim Harbaugh called the meeting to order at 12:05 p.m. He asked everyone to pause for a moment of silence remembering those who perished in the horrendous attack on the World Trade Center in New York, the Pentagon, and in Pennslyvania. This was followed by an introduction of all board members and guests.

#### I. INTRODUCTIONS

All board members and guests were asked to introduce themselves.

KCASAAB Chair Jim Harbaugh officially acknowledged the presence of the newest KCASAAB nominee, Scott Willard Strawn. He is currently serving as Director of Student Programs of Seattle Pacific University.

#### II. COUNCILMEMBER MAGGI FIMIA

Councilmember Fimia spoke about the budget deficit facing the King County for next year. She said that the county's current revenue has greatly been reduced due to decrease in sales and property tax collections and increased costs in doing business in the County.

King County is looking at a projected \$39 million deficit for 2002. With a significant reduction in revenues, the County will likely trim its budget in areas that are paid for from shrinking general fund revenues such as county administrative services, criminal justice, public health, human services and parks.

One program that will be directly affected by the budget cut is the North Rehabilitation Facility (NRF). This community-based minimum security jail located in the City of Shoreline, which Councilmember Fimia represents, has been in operation since May of 1981. NRF provides a wide range of services which include State Certified Chemical Dependency Treatment and Learning Resource Center where residents/students can earn their Adult Basic Education (Nutrition/Cooking Class, Money Management, Life Skills for the Learning Disabled, Vocational development) or GED Preparation.

Councilmember Fimia shared her concerns about the possible closure of the facility. She said that NRF enjoys strong support of the community. Unlike most communities, Shoreline welcomes the existence of a correction center/substance abuse treatment facility in their area. NRF will continue to operate in 2002 but may face some budget cuts.

According to her, King County Executive is considering several options concerning maintenance of NRF, which include closing two of the six buildings and eliminating 100 beds. The program may still face closure in 2003. Councilmember Fimia asked the board for support for retention of NRF.

The board decided to consider this item for further discussion at a future board meeting, and will seek additional information.

### III. COMMUNITY LEGISLATIVE FORUM

Copies of a meeting summary of the Mental Health and Substance Abuse Legislative Planning Work Group were distributed.

Sherry Hamilton reported representatives from Mental Health and Substance Abuse Boards, community members and selected Division staff attended the planning meeting. The purpose of the meeting was to begin a discussion on the joint legislative priorities for KCASAAB and KCMHAB for the legislative year 2002 and to begin planning for the Community Legislative Forum to be held in November 2001.

At the meeting, the group identified what they liked best and liked least about last year's Legislative Forum. The liked best list includes increased attendance (400), the location, great representation from State DASA, and good food. The least liked portion of the forum was the length of the program, poor attendance of legislators; failure to observe time limit per speaker, and crowded space.

The group also brainstormed on the legislative issues for 2002. Sherry Hamilton presented the four proposed priority issues for legislative forum for Board comments. The four priorities are: 1) Mental Health funding, 2) Treatment vs. incarceration for Mental Health and Chemical Dependency – Sentencing Reform and Methamphetamine Addiction prevention/treatment, 3) Co-occurring disorder treatment facility, 4) Reduce pharmaceutical costs.

Sherry asked both Board whether the issues selected are the ones they would like the group to develop for presentation at the legislative forum. On funding discussion, it was recommended that it be not limited to JLARC only but to include the entire Chemical Dependency funding – outpatient, inpatient, detox bed, etc. The board would also like to know more about the existing co-occurring programs, instead of talking about new programs.

There was a brief discussion on what the forum was for. It was agreed that the forum is a venue to educate legislators and to advocate for our needs.

Geoff Miller will lead staff development of legislative proposal on treatment vs. incarceration for mental health and chemical dependency. Jackie MacLean, chair of King County Workgroup, will be in charge of developing the issue of Mental Health funding. Eleanor Owen of WAMI will gather information for joint development of proposal concerning reduce pharmaceutical costs.

The Workgroup recommended reaching out to South King County SKAMI/NAMI, Eastside NAMI to encourage their participation and to seek their assistance in inviting more legislators to attend this forum. The forum is tentatively scheduled for November 27<sup>th</sup> or 28<sup>th</sup>. There is also a discussion of possible co-sponsoring this coming legislative forum with Pierce County on 2002 for next budget session. This is still under study.

### IV. MENTAL HEALTH UPDATE – Jackie MacLean

Jackie apologized for being late due to a bomb threat to King County Courthouse few hours earlier.

### A. CHAT Proviso Update

The document is still being re-written to include population to serve – private or public clients, a more specialized facility or one that will not be operated by King County.

A draft copy of an updated CHAT Proviso will be made available to the board at the September 25<sup>th</sup> planning retreat or earlier to be sent by mail.

# B. Priority Populations and Services Work Group

This Work Group has met nine times to identify populations that are being served and the services to be eliminated in the light of a budget cut.

# C. <u>Exemplary Awards Ceremony</u>

This year's annual Exemplary Awards Ceremony will be combined with a free training for mental health and chemical dependency professionals, students, and interns from King County from 1 to 4pm on October 3, 2001 at the Urban Horticulture Center of the University of Washington. Three different workshops will be offered simultaneously every hour between 1 to 4pm. The training will focus on best local practices in providing services and care to clients with co-occurring substance abuse and mental illness disorders.

If interested to attend the free training, please send your registration right away. It's fast filling up.

The Exemplary Awards Ceremony will be held following the training at 4:30 p.m. at the same place.

## V. CHEMICAL DEPENDENCY REPORT – Geoff Miller

The Division managed to get through the bow wave this biennium. He commended the service providers for doing a great job.

There have been a significant increased in number of adult clients served in our system.

The Division has yet to receive the budget from State DASA for this biennium. We expect a budget of \$27M plus a 10% matching fund for this biennium. There will be an increase in vendor's rate for SSI client treatment.

### VI. OTHER CONCERNS/ANNOUNCEMENTS – Jim Harbaugh/Willair St. Vil

The King County Alcoholism and Substance Abuse Abuse Administrative Board will hold two separate planning retreat. This will be on September 18 and 25 from 4:30 to 9:00pm at the Dutch Shisler Sobering Center.

The King County Mental Health Advisory Board will have their whole day planning retreat on Saturday, September 15<sup>th</sup> at Aljoya Center, formerly Battelle Conference

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Center. Willair also announced that he would be stepping down as KCMHAB Chair; Howard Miller will succeed him as Board Chair.

In conjunction with the kick off of National Mental Illness Awareness Week the first week of October, a 5K run/walk will be held on September 30<sup>th</sup> at Seward Park in Seattle. The goal is to raise awareness about mental illness issues. The event is jointly sponsored by the Washington Advocates for the Mentally Ill (WAMI) and Community Psychiatric Clinic (CPC).

There being no further business, the meeting was adjourned at 1:30 p.m.

Prepared by: Attested by:

Rhoda A. Naguit Jim Harbaugh
Recording Secretary Board Chair